

# Rehabilitative Care



Persons with physical disabilities, who need prostheses, orthoses and rehabilitation services in developing countries, represent 0.5% of the population.<sup>1</sup> That's more than 250,000 Tanzanians.

## Our Response

CCBRT's Physical Rehabilitation Department aims to bridge Tanzania's existing service gap for rehabilitative care in order to increase the motor skills, mobility, and self-confidence of people living with physical impairments. The Physical Rehabilitation Department serves patients who require rehabilitation following surgeries (orthopaedic or reconstructive), people who are living with severe physical impairments following amputation, trauma, injury or congenital impairment, as well as children with long-term disabilities like cerebral palsy. Therapists assess each patient's condition and develop personalised treatments plans which can include the use of assistive devices, prostheses, orthotics, physical therapy, and/or occupational therapy.

In 2018, the Physical Rehabilitation Department's staff conducted 7,000 individual sessions and distributed 412 wheelchairs.

CCBRT P&O SHOP  
PRODUCED

1,323

PROSTHETIC  
& ORTHOTIC  
devices in 2018



The Physical Rehabilitation  
Department conducted

7,000  
THERAPY  
SESSIONS  
in 2018

<sup>1</sup>WHO, 2005, <http://apps.who.int/iris/bitstream/10665/43127/1/9241592672.pdf>

## Collaboration & Capacity Building

Recognising CCBRT's Physical Rehabilitation Department as a leader in the provision of rehabilitative care in Africa, **the International Committee of the Red Cross MoveAbility Foundation relocated their Africa operations to CCBRT's Disability Hospital in 2013.** MoveAbility's financial and technical support has been indispensable in meeting the growing demand for rehabilitation services and improving quality at CCBRT.

CCBRT and MoveAbility are also collaborating to build the capacity of the Tanzanian rehabilitative healthcare workforce. **In 2014, the CCBRT/MoveAbility team hosted 26 students from the Tanzania Training Centre for Orthopaedic Technologists (TATCOT) as part of their field attachments.** By providing these students with valuable field experience and mentorship, the Physical Rehabilitation Department and MoveAbility are helping to increase the number of specialised healthcare service providers able to provide critical rehabilitation services to those in need.

**CCBRT also enjoys close collaboration with partners like Latter Day Saint Charities and Motivation** in its effort to provide seating services and wheelchairs that are both appropriate for children and people with disabilities and suitable for the environment and local needs in Tanzania.

## Call to Action

In order to continue building capacity for rehabilitative care and respond to the great demand for assistive devices, physical therapy, and occupational therapy, we need your help. Donate today to:



**Provide wheelchairs, crutches, and other assistive devices to patients**



**Help employ additional physical therapists, occupational therapists, and specialists for the P&O Service Centre to respond to the growing case load of the department**



**Continuing medical education and professional development opportunities for our clinicians and technicians**

Through continued commitment to providing high-quality, affordable rehabilitative care, CCBRT's Physical Rehabilitation Department helps grow the self-confidence and self-sufficiency of Tanzanians with physical impairments, and ultimately contributes to a healthier and more productive nation.