



Welcome to CCBRT

CCBRT is the largest indigenous provider of disability and rehabilitative services in Tanzania.

Through its disability hospital, community programmes and outreach schemes in and around Dar es Salaam and Moshi, more than 120,000 people directly benefit from CCBRT's services each year.

www.ccbtr.or.tz

www.baobabhospital.or.tz

Quarterly Highlights

- Record number of fistula patients served in 2010
- Mobile money and ambassador scheme brings 240 patients forward for treatment
- Number of cleft lip surgeries almost triple in 2010
- Private clinic renovated
- 70 health staff trained in recognising impairments
- 17 people from across Africa trained in orientation and mobility

Record Number Of Fistula Surgeries Achieved in 2010

Through CCBRT, 336 VVF surgeries were carried out last year. A record 268 fistula surgeries took place at CCBRT itself, this is a 65% increase on 2009 and ahead of the set target of 250 operations. CCBRT's community programme in



Women awaiting fistula surgery at the CCBRT hostel

Moshi referred another 68 women with fistula for treatment at KCMC and Selian hospitals with CCBRT contributing to the cost of those surgeries through CBM Canada. The rise was achieved due to a greater focus on awareness raising about fistula, the introduction of free fistula services, CCBRT's mobile money scheme (see issue 11) with financial backing from UNFPA. In late 2010, CCBRT set up a free fistula phone line and this had led to a large number of related enquiries.

Lady Jay Dee Takes On Fistula Cause

Local celebrity and pop singer, Lady Jay Dee, visited CCBRT in mid 2010 and was so moved by the patient's stories, especially from women on the fistula ward, that she agreed to become a 'hero' for fistula. Thanks to her awareness raising efforts about the condition on the radio,

TV and during her public appearances, she has helped to de-mystify fistula and encourage more women forward for free treatment at CCBRT.



Lady Jay Dee (L) with a fistula patient

Over 200 Patients Reached Via Ambassador Network

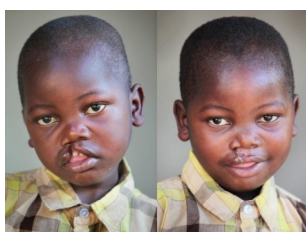
One of the challenges facing CCBRT in reaching more women with fistula (a childbirth injury that leads to incontinence) and other impairments such as cleft lip, is informing those in need of the services available in the first place and removing the associated barriers to treatment such as transport and surgery costs. In order to tackle this, with UNFPA backing, CCBRT introduced free fistula treatment in 2010 and also set up an 'ambassador' scheme whereby health workers around the country were educated about impairments including fistula and were also informed about the services that CCBRT provides. After identifying a patient in need of CCBRT's services, they refer the patient and organise the

transport logistics for that patient with transport costs transferred to the ambassador from CCBRT via mobile phone. In 2010, 239 fistula and cleft lip patients came to CCBRT via this system and were successfully operated on. 30 such ambassadors from all over Tanzania came to CCBRT in December for a one day workshop where the CEO thanked them for their support.



'Ambassadors' receiving certificates during a one day workshop at CCBRT

2010 Sees Highest Ever Number Of Surgeries At CCBRT



Idrissa, aged 3: one of nearly 300 people receiving cleft lip surgery at CCBRT in 2010

More operations were carried out at the disability hospital in 2010 than in any other previous year. 10,530 surgeries took place across the eye and rehabilitation departments, 5%

more than the previous record reached in 2008. Of particular interest, along with the rise in fistula patient numbers, is that CCBRT's efforts to reach more cleft lip patients (including via the ambassador network) are having a positive effect. 296 cleft lip surgeries were carried out in 2010 compared to 106 in 2009. More on CCBRT's 2010 achievements will be revealed in the annual report, due out in the first quarter of 2011.



70 reproductive and child health providers attended a one day training session at CCBRT on preventing and recognising disabilities

The number clubfoot treatments that took place at CCBRT in 2010...?

644



A theatre group acting out a play about disability during an event in Moshi to mark International Day of Persons with Disabilities

Training Day For 70 Local Health Workers

CCBRT, in conjunction with Ocean Road Cancer Institute and KCMC hospital in Moshi, organised a one day training session on impairments in December. The training took place in Moshi and in Dar es Salaam with the Dar es Salaam session attended by 70 health providers from reproductive and child health units. Participants learned how to prevent impairments occurring through quality

maternal healthcare, how to recognise various disabilities such as clubfoot, cataract, retinoblastoma and cleft lip, and where and how to make a referral to specialised hospitals such as CCBRT. The attendees were presented with a Kiswahili booklet on recognising impairments which was produced by CCBRT with funding from the EU and CBM.

Orientation and Mobility Training Well Received

17 managers and coordinators from Ghana, Tanzania, Kenya, Chad, Uganda and the Democratic Republic of Congo attended a month long training course in orientation and mobility for people with visual impairments at CCBRT in October. This popular course, funded by the EU and CBM is run annually by CCBRT. The course is designed so that participants can then teach orientation and mobility to blind adults/ adolescents and to use their new experiences to train other CBR workers back in their respective countries. Among the topics covered were eye diseases, the causes of blindness, HIV/AIDS and disability, how to teach use of the white cane and how to teach daily living skills for people with

visual impairments, sighted guiding techniques, as well as education about community based rehabilitation. The course was very well received by the participants with one attendee commenting, "The trainers were cooperative, transparent, precise, kind, helpful, patient and ready to answer and explain every question; above all; they were very friendly."

O & M trainees watching Boniface, a carpenter who is blind, at work



17 Woman Graduate From Mabinti Centre



The U.S. Ambassador to Tanzania at the Mabinti Centre graduation ceremony

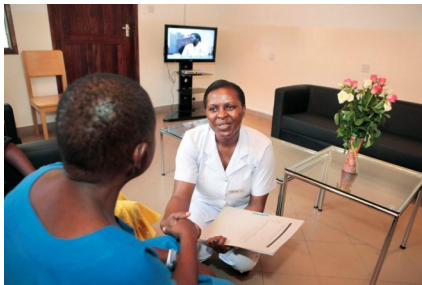
17 women graduated from the Mabinti Centre in December with new skills in beading, screen printing, tailoring and entrepreneurship following an 18 month training programme. All the women are former

fistula sufferers who have been successfully treated for the condition at CCBRT. Through CCBRT they were offered the chance to learn new skills at the Mabinti Centre enabling them to earn their own income. Ambassador Lenhardt, the US Ambassador to Tanzania, attended the graduation ceremony as US AID is one of the centre's key partners. Each woman was given a start up set consisting of a sewing machine, fabric, scissors etc so they can continue their work at home.

Activities Held To Mark World Sight Day And IDPD

World Sight Day, held in October each year, is a day of global observance to bring attention to people with visual impairments and blindness. This year's theme was 'the countdown to 2020'. VISION 2020 is a global initiative to eradicate avoidable blindness (80% of blindness can be avoided) and while there has been great progress over the last decade, the message is that there is still a long way to go. CCBRT observed the day by organising four days of free eye screenings around Dar es Salaam. International Day of Persons With

Disabilities (IDPD) was also marked in December with CCBRT taking part in activities in Dodoma and in Moshi where, following a march through town, the head of CCBRT's Moshi branch was invited to address the crowd. CCBRT's advocacy unit and communications department also produced a newspaper supplement in Kiswahili and English which was distributed in two newspapers countrywide. You can read it here: http://www.ccbt.or.tz/uploads/media/Disability_Supplement_CCBRT_English.pdf.



The private clinic has undergone major renovations and expanded its services

Private Clinic Expanded To Meet Growing Demand

With increasing numbers of patients opting to pay a slightly higher fee for a shorter queuing time and for specific appointment times, CCBRT took the decision to upgrade its private clinic last year and expand the services it offers. All income from the clinic is reinvested back into the disability hospital to help pay for treatment for people who cannot afford it. In 2009, 25% of the disability hospital's income was derived from the private clinic and this is forecast to increase to 50 % in 2011.

Renovations were nearly complete by the end of 2010 with the clinic offering an air conditioned waiting room and eight modernised private

bedrooms. Ear, nose and throat services were offered at the clinic for the first time at the end of the year, with speech and language pathology and physiotherapy also available along with eye and orthopaedic consultations and treatment. The clinic has link ups with six insurance companies and around 6,500 patients attended this clinic in 2010.



The new clinic waiting area

Mwanza Paediatric Outreach Clinic Draws Record Numbers

A major two week surgical paediatric outreach clinic took place in Mwanza in November. The clinic was coordinated by CCBRT and most of the costs, including surgery costs for children, were covered by mobile phone company Tigo. A seven strong team from CCBRT plus medics from



Children queuing for appointments at the clinic

KCMC and KCCO hospitals attended the clinic which took place at Sekou Toure Hospital in Mwanza. The team carried out nearly 500 consultations and 112 operations making it CCBRT's busiest surgical outreach clinic ever. Another 30 children were referred for further treatment at CCBRT, KCMC and Ocean Road Cancer Hospital. Ahead of the clinic, Tigo sent a bulk SMS to its subscribers in the area bringing record numbers of children forward from six nearby regions.

Hospital Maintenance Services Under Review

CCBRT's zonal workshop has been providing maintenance services to other hospitals across the country for the last few years. In 2010, CCBRT's team of four technicians was maintaining equipment at 13 hospitals in Tanzania. However, funding for this service expired in 2006 and since then the costs have been covered internally. During this quarter, there was review of the workshop's activities and finances and as a

result of this, CCBRT has been forced to increase the fee charged to other hospitals for maintaining their equipment in order to cover CCBRT's own costs. The zonal workshop's responsibilities are expected to increase this year as it starts to maintain the equipment in the maternity departments at the nine facilities currently involved in CCBRT's capacity building programme in maternal and newborn health.

Meet The Team: Fredrick Msigallah

With his vision as 'a fully inclusive society for all', CCBRT's advocacy officer Fredrick Msigallah is truly dedicated to his role of ensuring that persons with disabilities (PWD) are able to participate in all aspects of life and in decision making and policy processes. With two university degrees under his belt and extensive experience in the field of human rights, Fredrick joined CCBRT's advocacy team in February 2010 where one of his first tasks was to ensure

that PWD were fully included in Tanzania's general election which took place in October. Affected by polio when he was five, Fredrick firmly believes that inclusive education is the crucial starting block for building a society free from stigma and for full participation of PWD in all aspects of community and economic life. He says although attitudes towards PWD are improving in Tanzania, there is still a long way to go before his vision of an inclusive society can be achieved.

CNN filmed at CCBRT in December with the focus on its mobile money scheme. Watch the broadcast here:
<http://edition.cnn.com/video/#/video/international/2010/12/24/mpa.tanzania.mobile.banking.cnn>



Advocacy officer, Fredrick Msigallah